

Equipping Your Family for Success



I congratulate you on seeking guidance for your marriage and/or stepfamily. It is our desire to partner with both you and your counselor to help you grow your relationships. We at Successful Stepfamilies have learned that one of the best investments you can make in your family is to learn as much as you can about stepfamily living. Stress in a stepfamily divides couples and family members; learn how to manage your stress and your family will grow.

To that end, may we suggest you take advantage of these online resources:

1. Watch an online TV program to learn about stepfamily living
<http://www.successfulstepfamilies.com/view/521>
2. Read this online article: *How to Cook a Stepfamily* <http://www.successfulstepfamilies.com/view/78>
3. Read this online article: <http://www.successfulstepfamilies.com/view/38>
4. Browse: Articles for Dating Couples <http://www.successfulstepfamilies.com/view/39>
5. Browse: Articles on a variety of subjects for Couples and Stepfamilies (topics include difficult ex-spouses, money matters, strengthening your marriage, stepparenting, and more)
<http://www.successfulstepfamilies.com/view/3>
6. Read or listen to one of our resources (e.g., *The Smart Stepfamily* or *The Smart Stepmom*); if you have teens, get them a copy of *Life in a Blender*. <http://www.successfulstepfamilies.com/view/119>
7. Watch *The Smart Stepfamily* DVD series at home (even better, get a group of couples together to form a discussion group) <http://www.successfulstepfamilies.com/eCommerce.php/mode/view/product/60>
8. Attend a live conference event <http://www.successfulstepfamilies.com/view/15>
9. Take the online Couple Checkup – taking just 30-minutes, this world renowned relationship profile will help you to build on your strengths and pinpoint your issues <http://www.successfulstepfamilies.com/view/343>
10. Learn about Marriage Therapy Intensives <http://www.successfulstepfamilies.com/view/450>

